

SACRED MONEY FREEDOM

M E E N A S H R I R A M

MODULE 1 : CHAPTER 4
MORNING MONEY POWER RITUAL

HINGLISH



MORNING MONEY POWER RITUAL

Apni Abundance Frequency ko activate karein. Apni money story ko rewrite karein. Aur apni being mein wealth ko deeply anchor karein.

Step 1: Universe ki Language ko Samjhein

Universe kisi language mein nahi, vibrations mein baat karti hai. Aur humare words aur thoughts se hi woh vibrations bante hain. Chahe woh paisa ho, pyaar ho ya health: sab kuch ek frequency par kaam karta hai.

Agar aap apni vibration raise karenge, toh universe humein wahi bhejegi jo hum dil se chahte hain. Apni energy ko high rakhna seekhein. Jaise hi hamara inner world shift hoga, outer world bhi shift hone lagega.

Affirmation:

“Main ek easy aur fulfilled life experience kar rahi hoon.”

Step 2: Gratitude Activate karein (Abundance ki Language)

“Thankfulness hi miracles ko attract karti hai.”

Har subah apni diary mein likhiye ya zor se boliye:

- 3 cheezein jin ke liye aap abhi grateful ho
- 1 blessing jo abhi raste mein hai aur jaldi aapko milne wali hai

Morning Mantra:

“Un saari unseen blessings ke liye thank you jo already meri life mein aa rahi hain.”

Somatic Anchor:

Yeh bolne ke baad apne dono haathon ko rub karein, unki warmth feel kijiye, aur apne dil par rakhiye. Sochiye yeh heat ek energetic seal ki tarah kaam kar rahi hai jo aapke abundance ko lock kar rahi hai.

Step 3: Apni Daily Language Ko Reset Karein (Word Reset)

“Har word jo aap bolti hain, ya toh abundance ko bulata hai... ya scarcity ko.”

Exercise:

Apne daily life ke 5 phrases likhiye jo money ke bare mein hain (jaise “Paise sambhalna mushkil hai” ya “Main afford nahi kar sakti”).

Ab unhe abundant version mein badal dijiye:

“Mujhse afford nahi hota” → “Kaise ho sakta hai? Chaliye explore karte hain.”

“Money bohot stress deta hai” → “Mone mere freedom aur joy ko support karta hai.”

Ab in naye abundant phrases ko din bhar repeat kijiye jab bhi purane thought patterns repeat hote hain.

Abundance Identity Declaration

Apne dil par haath rakhiye, mirror mein khud ko dekhiye (ya aankhein band karke imagine kijiye) aur boliye:

“Main abundance ke liye ek divine channel hoon. Paisa mere paas easily aur perfect alignment ke saath aa raha hai.”

Ye declaration subah aur raat ko 3 baar repeat kijiye.

Bonus: Daily Affirmations for Overflow

In affirmations ko apne mirror, work desk, ya mobile wallpaper pe pin kariye:

- “Main miracles ke liye open hoon, unexpected income aur divine surprises ke liye ready hoon.”
- “Main ek magnet hoon wealth, amazing opportunities aur holistic growth ke liye.”
- “Main massive abundance ke layak hoon, sirf isliye kyunki main exist karti hoon.”
- “Mere sare desires divine hain aur Universe ka full support mere saath hai.”

- “Mujhe zyada se zyada receive karne mein koi darr nahi hai aur main uska poora joy leti hoon.”
- “Ab mujhe paise ka darr nahi lagta, main usse apna dost banati hoon aur welcome karti hoon.”
- “Main ek aisi zindagi deserve karti hoon jo richness, rest aur radiant joy se bhari hui ho.”

Pro Tip: Apni hi voice mein in affirmations ka audio record kijiye aur subah walk karte hue ya ready hote waqt suniye.

Optional: 3-Minute Lakshmi Ritual

Ek chhota diya ya candle jalaiye. Ek coin ya note ko haathon mein leke softly boliye: “Lakshmi Maa, thank you mujhe guide karne ke liye ki main pyaar aur purpose ke saath apni wealth create karoon, usse sambhaloon aur grow karoon.”

Phir is coin/note ko apne wallet mein rakhiye as a symbol of ongoing flow.

How to Use This Ritual:

- Har subah Step 1–3 complete karein (sirf 10 mins)
- Affirmations ko poore din apne aas paas visible rakhein
- Raat ko sone se pehle apni Abundance Identity Declaration firse bolein