

She Creates Money

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Module 1 : Chapter 3

The Modern Woman & The Rebel Pattern



ENGLISH

MONEY STORY & GENDER CONDITIONING - REFLECTION

Module 1, Chapter 3

PART 1: THE ORIGIN - WHAT YOU SAW GROWING UP

1. What did you see the women around you do with money?

→ Did they feel powerful... or just responsible?

2. Did the women in your life ask for money... or adjust with what they were given?

3. Did they receive comfortably... or sacrifice silently?

4. Who controlled money decisions in your home?

→ Women, men, or someone else? What did that show you?

5. What was considered “a good woman” when it came to money?

→ Someone who saved, sacrificed, stayed quiet, or avoided asking?



PART 2: YOUR INTERNALIZATION - WHAT YOU MADE IT MEAN

6. Because of what you saw... what did you start believing about money as a woman?

→ *“I shouldn’t ask too much” / “I need to manage, not create” / etc.*

7. What kind of woman did you become with money?

→ *The responsible one? The one who adjusts?
The one who avoids?*

8. Do you associate being a “good woman” with sacrifice or control around money?

9. How comfortable are you asking for more without guilt or justification?

→ *If not, what belief is stopping you?*

10. Do you feel safe having more money than others around you? Why or why not?



PART 3: THE COST - HOW IT SHOWS UP TODAY

11. Where in your life do you still “adjust” instead of ask?

→ *Pricing, salary, relationships, opportunities?*

12. Where do you feel like money is your responsibility... but not your power?

13. Do you struggle to relax around money even when you have it? Why?

14. Where do you overgive, overwork, or overcompensate to feel worthy of money?

15. How has this pattern affected your income so far?

→ *Be specific: under-earning, inconsistency, missed opportunities?*

FINAL ANCHOR QUESTION

If you continue being this version of yourself with money... what will your financial life look like in the next 5 years?