

# She Creates Money

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Module 2 : Chapter 2

Money Is Emotional, Not Logical



ENGLISH

# YOUR EMOTIONAL TRUTH WITH MONEY - REFLECTION

*Module 2, Chapter 2*

PART 1: YOUR EMOTIONAL TRUTH (NO  
OVERTHINKING. JUST ANSWER.)

Complete each sentence in one clear line (3-6  
words max):

1. When I think about money, I feel...
2. When I receive money, I feel...
3. When I spend money, I feel...
4. When I don't have enough money, I feel...

*Don't filter. Don't try to sound positive. Write  
what's actually true.*



## PART 2: EMOTIONAL PATTERN RECOGNITION

Now step back and observe what you wrote.

**5. The dominant emotion I experience with money is...** *(one word)*

**6. This emotion shows up most when...**

→ *Be specific (earning, spending, asking, checking accounts, etc.)*

**7. Because of this emotion, I tend to...**

→ *Write the behavior (avoid, overthink, undercharge, panic, delay, etc.)*

## PART 3: THE INSIGHT (THIS IS WHERE IT CLICKS)

**8. How is this emotion shaping my financial reality?**

→ **What is it creating repeatedly in your income, decisions, and patterns?**