

# She Creates Money

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Module 3 : Chapter 6

Designing Your Personal Manifestation System



ENGLISH



# YOUR DAILY MANIFESTATION FRAMEWORK

*“Stop Trying Everything. Start Repeating What Works.”*

## STEP 1: CHOOSE YOUR SYSTEM (NON-NEGOTIABLE)

You choose:

- 1 Primary Style (your natural way)
- 1 Secondary Style (your support)

That’s it.

### How to Choose Your Primary Style

Ask yourself:

“What feels the easiest for me to return to?”

- You naturally visualize → **Visual**
- You naturally write → **Writing**
- You naturally talk/listen → **Audio**
- You naturally feel deeply → **Energy**

Your primary is what feels **effortless**.



## How to Choose Your Secondary Style

Now add one layer of support.

Examples:

- Visual + Energy → You see it and feel it
- Writing + Audio → You write it and speak it
- Energy + Writing → You feel it and anchor it
- Audio + Visual → You hear it and reinforce it visually

## STEP 2: BUILD YOUR 5-MINUTE DAILY SYSTEM

Just 5 minutes. Every day.

### THE 3-STEP FRAMEWORK

#### 1. THINK (Belief)

Ask:

“What am I choosing to believe today?”

Keep it:

- Simple
- Direct
- Repeatable

## Examples:

- “Money comes to me in expected and unexpected ways.”
- “I am available for more.”
- “I handle money calmly and clearly.”

## 2. FEEL (Emotion)

Ask:

*“If this was already true... how would I feel?”*

Bring in:

- Relief
- Calm
- Quiet confidence
- Stability

Just grounded certainty.

### 3. ACT (Behavior)

Now take **one aligned action**.  
Just one move.

#### Examples:

- Send that message you've been avoiding
- Follow up on a payment or opportunity
- Speak your price clearly
- Show up where you've been holding back
- Book the test drive / take a real-world step

### HOW YOUR STYLES FIT INTO THIS

#### Example:

#### Visual + Energy person:

- THINK → See the outcome clearly
- FEEL → Sit in the emotion
- ACT → Take one real-world step

#### Writing + Audio person:

- THINK → Write your belief
- FEEL → Speak it out loud
- ACT → Take one aligned action



## HOW TO USE THIS DAILY

- Time required: **5 minutes**
- Duration: **Minimum 21 days**
- Focus: **One goal at a time**

### Your Daily Flow:

1. Choose your belief
2. Feel it for 1-2 minutes
3. Take one aligned action

**Done.**